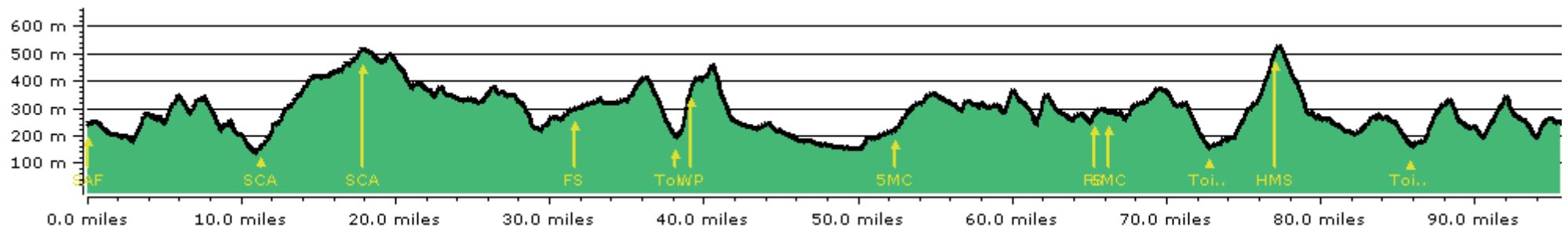


TrackLogs Route Card : Tour of the Peak - Long, Start Time 08:00 (Road Cycling)

From	To	Odo...	Leg Dist...	Alt Gain	Leg Time	ETA	Information
Start and Finish (SK 052 803)	Start Cat and Fiddle (SJ 923 735)	0.0 miles	11.3 miles	410 m	0:39.50	08:00.00	Chapel en Le frith Leisure Centre Long Lane Chapel-en-Le frith High Peak Derbyshire SK23 0TQ Tel: 01298 811733
Start Cat and Fiddle (SJ 923 735)	Summit Cat and Fiddle (SK 001 718)	11.3 miles	6.6 miles	439 m	0:26.15	08:39.50	
Summit Cat and Fiddle (SK 001 718)	Food Station (SK 151 755)	17.9 miles	13.8 miles	337 m	0:46.55	09:06.05	
Food Station (SK 151 755)	Toilet (SK 150 829)	31.6 miles	6.5 miles	161 m	0:22.03	09:53.00	Tideswell
Toilet (SK 150 829)	Winnats Pass (SK 133 826)	38.1 miles	1.1 miles	174 m	0:05.27	10:15.03	
Winnats Pass (SK 133 826)	53 miles - Cut-off point 1 (SK 202 863)	39.2 miles	13.2 miles	278 m	0:44.52	10:20.30	
53 miles - Cut-off point 1 (SK 202 863)	Food Station (SE 210 004)	52.4 miles	12.9 miles	503 m	0:46.15	11:05.22	Turn left here after 2pm
Food Station (SE 210 004)	67 miles - Cut-off point 2 (SE 198 014)	65.3 miles	1.0 miles	26 m	0:03.24	11:51.37	Langsett Barn Langsett Stocksbridge W Yorks Map ref: SE 212004 Tel: 01226 370770
67 miles - Cut-off point 2 (SE 198 014)	Toilet (SE 142 081)	66.3 miles	6.4 miles	147 m	0:21.48	11:55.01	Turn left here after 3pm
Toilet (SE 142 081)	Holme Moss summit (SE 097 040)	72.7 miles	4.3 miles	367 m	0:17.56	12:16.49	



TrackLogs Route Card : Tour of the Peak - Long, Start Time 08:00 (Road Cycling)

From	To	Odo...	Leg Dist...	Alt Gain	Leg Time	ETA	Information
Holme Moss summit (SE 097 040)	Toilet (SK 035 941)	77.0 miles	8.8 miles	207 m	0:29.36	12:34.45	
Toilet (SK 035 941)	Finish (SK 053 804)	85.8 miles	9.8 miles	433 m	0:35.46	13:04.21	
Totals		95.6 miles	95.6 miles	3,482 m	5:40.07	13:40.07	

